

Area Committee: Five Berridge and Sherwood Area Cluster Feedback, Health		
Area Committee: Berridge and Sherwood	Area Committee Chair: Councillor Carole Jones	Date 2016 / 2017
<p>Note: The comments below do not include the Sherwood Cllrs.</p> <p>How can we support citizens to access services which will help them to have a healthy lifestyle?</p> <p>Information and contact points</p> <p>Literacy and language</p> <p>Community events</p> <p>Community centres</p> <p>Schools</p> <p>Be where people go</p>		
<p>What are the barriers/gaps?</p> <p>Lack of food banks</p> <p>Language barriers</p> <p>Lack of awareness of groups</p> <p>Gender split</p> <p>Housing issues with private sector</p> <p>Welfare rights – people not claiming what they are entitled to (New Basford only)</p> <p>Smoking rates high</p> <p>Poor diet and hunger</p> <p>Diabetes</p>		

What enablers can help overcome these barriers?

Areas of concern include:

Smoking rates high

Poor diet and hunger

Diabetes

Alcohol

Lack of exercise, activity and open space

Poor quality accommodation and damp

Domestic violence

Isolation

Mental health

The main concerns for Berridge include: Diet and hunger, alcohol consumption, diabetes, lack of exercise and poor quality living accommodation. Berridge suggests pulling these together into one priority – Healthy Lifestyles

Main issue is the consequences of poverty.

Create food banks – funding / volunteers

Affordability

Licensing / regulating private landlords

How can we make services more attractive to hard to reach groups?

Support mechanism – i.e. bring a friend

Targeting

Culturally appropriate materials

Talking to people

Local advocates

Multiple activities

Cost

What works well in your area?

Community cohesion

Agencies – voluntary sector

Directed work with particular groups- Roma / AWP / Polish

Access to health services

Services in the area include:

New Leaf

Walking Groups

Through GP
Framework Addiction Services
Emerging Community Fund
Sharewear
Breakfast Clubs
Community café
Mum and Toddlers Groups – Forest Fields Parents Group
Leisure Centres
Forest Football
Park Rangers
NG7
Forest Fields Advice Centre
Law Centre
Childrens Centre
Womens Aid